



1 A New Wellness Program Through Vitality

Ingram will be launching a new **Vitality Wellness Program**. This program will provide you with a personalized approach to wellness, tools to make healthy life choices, and a variety of rewards.

Wellness Requirement

- You and your spouse or domestic partner enrolled in a medical plan must complete the Vitality Health Review (health assessment) to avoid the \$30 monthly wellness penalty. **Additional login and deadline details will be provided in September.**
- The wellness requirements from the past (PHA through BCBST and doctor forms) **WILL NOT BE ACCEPTED** this year.



BENEFITING YOU
— at every stage —



LOOKOUT! OPEN ENROLLMENT IS COMING SOON!

- **October 19-November 16**
- **October 19-November 30**
(only Marine Associates)

THIS YEAR IS DIFFERENT. INGRAM IS HAVING AN ACTIVE ENROLLMENT FOR BENEFITS COVERAGE IN 2021.



2 What is an Active Enrollment?

An active enrollment means you **MUST** evaluate your choices, regardless of your current coverage, and actively **ELECT** your benefits. **No action means no coverage in 2021.**

MORE DETAILS ABOUT CHANGES FOR 2021 COMING SOON!



3 A New Way to Enroll

We are launching a new benefits portal to enroll and make changes to your benefits. It will be available year-round, keeping your benefits information at your fingertips!

The benefits portal offers you the tools you need to make the best benefit decision for you and your dependents.

Features You Will Love

- You will find helpful information about your benefits in the Reference Center
- MyChoice Recommendation engine will ask you a few simple questions and then provide a personalized benefits recommendation
- 24/7 access to your benefits with the MyChoice™ mobile app



Contact

If you have questions, contact the Ingram Benefits Department at:

medical@ingram.com
800.876.7266
Visit [IngramBenefits.com](https://www.ingrambenefits.com)